

BELIEVE, ACHIEVE, ASPIRE

ST BURYAN ACADEMY NEWSLETTER

Friday 18th October 2024

www.stburyanacademy.com

secretary@stburyanacademy.org

Tel: 01736 810480



**STAY UP-TO-DATE WITH
SCHOOL NEWSLETTERS,
MENUS AND DATES**

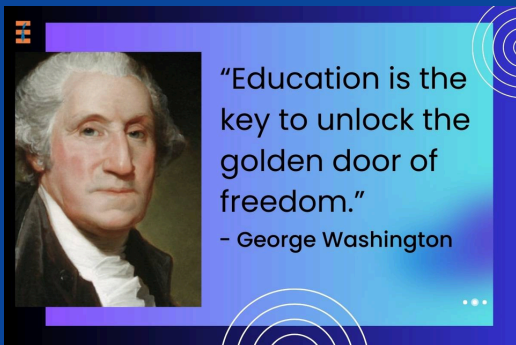
Download the free 'eschools lite' app
and search for St Buryan Academy

TURN ON NOTIFICATIONS AND RECEIVE NOTICE WHEN WE UPLOAD OUR
NEWSLETTERS, MENUS AND UPDATE OUR DIARY!

Key Dates

Please check the school calendar through our website regularly - more dates will be added as the term goes on

Please check the key dates below for upcoming events. New dates may be added across the term so please check our lines of communication when notified.



In this edition...

- Welcome and what's to come next week
- Oracy focus
- 2024/25 Key Dates
- Menus - Week 2
- What parents need to know about
- Horror Films
- Fire Safety

INSET DAYS 24/25

Sept 3rd and 4th 2024

June 6th 2025

July 21st, 22nd, 23rd

Welcome to our latest fortnightly newsletter!

In this week's newsletter we will outline some events next week, cover some of what has occurred over the last week and some other things to look out for in the newsletter!

Starting with next week...

We are really looking forward to welcoming you into school for our parental meetings. Please make sure that you are on time for these as teachers will have a lot to get through and have a busy week ahead! If you have not yet signed up, please get in touch with your child's teacher to organise a time and date.

Please note that there will be no teacher-led clubs on Monday and Friday next week!

On Monday, some members from the Aspens team will be in the hall from 3.00pm-4.00pm to meet with parents regarding the ordering app service which will launch after half term. This will ease ordering in the mornings during registration time, saving time in our school day. It also means that if your child is at a morning appointment, you can order a meal for your child without having to phone in. Importantly, it means that you can select your child's meal each day to help ensure that they are getting a broad and balanced, nutritious school lunch across the week.

Aspens will also be doing samples of their menu, allowing you to try some of the food we offer the children - so please do join us from 3pm in the hall on Monday.

On Tuesday 22nd we will be welcoming Healthy Cornwall into school; they'll be talking to each class about healthy diets, nutrition and other hygiene related topics.

Well done to our hockey team who competed superbly in the hockey league this week, despite some players missing! They just lost to St Ives and Mousehole, losing 1-0 in each fixture, but managed a draw against Ludgvan. The team showed great teamwork, desire and skill too! Well done all on representing our school superbly and doing us proud!

Lastly, our attendance is lower than our target of 97%! It currently is at 94%, which is below the current National Average and low for this early in the school year, so please do support us with this. More information on attendance can be found on the Attendance page under 'Parents' on our website.

Have a great weekend
Mr McDonald and all at St Buryan Academy

SCHOOL DEVELOPMENT PLAN

This week we are looking at the priority of further developing oracy.

Evolution

To continue to develop oracy throughout the school in all curriculum areas and ensure that it is embedded across all age phases.



This priority remains from last year as a longer term focus. The importance of developing oracy skills in education is a national focus currently, particularly as our young people are still impacted by the effects of the pandemic and the knock-on effect that has had on early developmental skills.

The last two weeks I have been visiting lessons across the school to see how our school priorities are being implemented in the classroom, with a particular focus on oracy. It has been great to see the rapid, positive impact of some strategies which have been implemented.

Developing oracy enables our children to become more eloquent in how they speak to one another and adults, both in terms of reasoning their learning and thought, as well as in conversation.

We have worked on an 'A,B,C' concept of late, where children 'agree, build and challenge' on thought in a structured way. This allows them to propose considerate ways of talk when putting an idea forward, agreeing with somebody or when offering a different opinion. It helps provide scaffolded phrases to support thought and allow children to structure sentences in order to best explain or justify their talk.

I was blown away by some of the sophisticated dialogue taking place in classrooms and some of the vocabulary children were using.

Below, we have put together this little 'go-to' guide that may help you support this priority and focus at home, as well as provide more understanding into what it means.

HOW YOU CAN SUPPORT US WITH DEVELOPING ORACY



Developing our children's oracy skills is one of our school priorities for 2023/24. Oracy is all about how children talk, communicate and reason their thoughts, opinions or thinking. It is about stretching their vocabulary and understanding of being good speakers, listeners and communicators.

WHAT YOU CAN DO AT HOME:

Read to your child

We always ask our children to read to us, but they love hearing others read too; that's why reading plays an important role in our curriculum. Reading aloud to your child, well beyond the age they can read for themselves, combines the benefits of talking, listening and storytelling within one activity that helps children build their vocabulary, learn to express their thoughts, and understand the structure of language - plus it's good family time!

Ask about their feelings

As adults we can naturally assume how children are feeling about something, or even influence their own emotions and feelings about certain things. It is incredibly important for us all to be emotionally literate and explain our feelings about a circumstance; whether they be positive or negative. Giving our children the vocabulary, time and voice to reason their thinking is so important. It requires us using correct vocabulary and being patient in response; plus talking like this and our children understanding that their voice is valued can be so healthy for well-being.

Record video diaries

Many children love watching themselves back - some even aspire to be on television or YouTube stars! Getting them to record a video diary of their day, reading a book, acting or of a special occasion is a great way for them to practise speech, explanations or think about their word choices. They can watch it back with you and see what edits they'd make next time as well as think about what they did well!

Talk about their day

We all ask the question, "What did you do today?" or "How was your day?" and we generally all get the same response: "Nothing." or "Okay." How about asking what the best bit of their day was, funniest moment or what were they proud of from the day.

Play word games

Playing word games at home, in the car or wherever else can be such an effective way to develop vocabulary, speech and confidence. We all know Eye Spy, but 20 questions or Guess who? are great too, as are Scrabble, Scattergories and Boggle as they get older.

Go on a walk

Walking is obviously a great way to exercise and get fresh air, but it is a great way to talk about your senses too: What do you see/hear/feel/smell or even taste? This could even progress by linking these senses to metaphors or similes.





ST BURYAN ACADEMY

Key dates

2024

September

- 5th – First Day back!
- 20th – Fitness Day
- 25th – Outdoor Learning Day

October

- Black History Month
- 4th – World Animal Day
- 9th – Stay Safe Workshop
- 10th – World Mental Health Day
- 21st-25th – Parent Meetings
- 22nd – Healthy Cornwall Workshops
- 28th-1st Nov Half Term
- 29th-3rd Nov – Diwali

November

- Diwali
- 11th – Armistice Day
- 13th-17th Anti Bullying Week
- 14th – Open Afternoon/Learning together

December

- 16th – Christmas performances dress rehearsal
- 17th – Christmas Dinner
- 18th – Morning Christmas Show
- 19th – Evening Christmas Show
- 20th – Christmas Paryy and last day of term (1.30pm finish)

January

- 6th – Back to school
- 13th – Year 6 SATs meeting

February

- 3rd-10th – Children’s Mental Health Week
- 7th – NSPCC Number Day
- 17th-21st – Half Term

March

- Women’s History Month
- 4th – Open afternoon/learning together
- 6th – World Book Day
- 12th – Outdoor Learning Day
- 14th & 15th – Holi
- 21st – World Poetry Day
- 24th-28th – Parent Meetings

April

- 4th – Last day of term (1.30pm finish)
- 22nd – Back to School

Key contacts

- Mr. Josh McDonald
Head of School
- Designated Safeguarding Lead
head@stburyanacademy.org
- Mrs. Care
Business and Administration
Parent Liaison Officer
secretary@stburyanacademy.org
- Mrs. Joanna Kwiatkowska
SENCo
- Deputy Designated Safeguarding Lead
joanck@stburyanacademy.org

All other contacts are available on our website



May

- 12th – Year 6 SATs week
- 19th – Year 5/6 London Trip (proposed date)

June

- 2nd – Multiplication Check week
- 6th – INSET day
- 9th – Phonics Screening Check period begins
- 19th – Outdoor learning day
- 23rd – Year 1-4 residential week (proposed dates)

July

- 4th – Sports’ Day and fete
- 11th – Reports out
- 15th – Year 6 Leavers’ Service
- 18th – Last day (1.30pm finish)!

Key Information

Please note that dates are subject to change and more may be added across the course of the year.

PE every Tuesday

Swimming every Thursday morning (children may come to school in PE kits these days)



STAY UP-TO-DATE WITH SCHOOL NEWSLETTERS, MENUS AND DATES

Download the free 'eschools live' app and search for St Buryan Academy

TURN ON NOTIFICATIONS AND RECEIVE NOTICE WHEN WE UPLOAD OUR NEWSLETTERS, MENUS AND UPDATE OUR DATES!

www.stburyanacademy.com

FOOD FESTIVAL

By Aspens

LUNCHTIME

Week 2

TRADITIONAL

Autumn Winter
2024-25:
9/9, 30/9, 21/10,
11/11, 2/12,
23/12, 13/1, 3/2



THE MAIN EVENT

- MONDAY**
Cheesy Tomato Pizza Muffins
- TUESDAY**
Chicken and Sweetcorn Cobbler
- WEDNESDAY**
Roast Pork, Roast Potatoes and Gravy
- THURSDAY**
Classic Cottage Pie
- FRIDAY**
Battered Fish and Chips



MEAT-FREE MAGIC Veggie Dish

- BBQ and Sweetcorn Pizza Slice
- Winter Vegetable Crumble
- Cauliflower Cheese, Crispy Onion Topping & Roast Potatoes (You don't have to have the onions!)
- Roasted Sweet Potato Pastry Roll and Mash
- Cheese and Tomato Toasted Wrap with Chips



RAINBOW ALLEY
Vegetables and Salads

- Wholegrain Pasta Salad and Green salad
- Herby Diced Potato and Carrots
- Mixed Greens
- Peas
- Baked Beans



BIG TOPPING
Filled Jackets

- Beans, Cheese or Tuna Mayo
- Beans, Cheese or Tuna Mayo
- Beans, Cheese or Tuna Mayo
- Beans, Cheese or Tuna Mayo



DESSERT TROLLEY

- Toffee Apple Sponge and Custard
- Chocolate Sprinkle Iced Cake
- Raspberry Coconut Jelly
- Fresh Fruit Salad
- Anzac Biscuits

DAILY SALAD BOWL, FRESHLY BAKED BREAD, YOGHURTS AND CUT FRUIT

AVAILABLE DAILY



PASTA TWIRLER

AVAILABLE EVERY DAY

Topped Pasta
Hot Pasta topped with Homemade Tomato Sauce & Cheese

What Parents & Educators Need to Know about HORROR FILMS & AGE RATINGS

The 'on-demand' availability of streaming platforms in many homes creates extra possibilities for young viewers to be exposed to age-inappropriate content. Material which features horror or violence can cause anxiety and nightmares for children, especially since it can be hard for young ones to grasp that what they're watching isn't real.

CLASSIFICATION BREAKDOWN

The British Board of Film Classification has the following age ratings:

U: Suitable for all ages

PG: For children aged 8 and above; this content shouldn't unsettle them

12A: Children under the age of 12 should not watch without an adult; this content potentially features bad language, nudity or sexual references

15: Suitable only for 15-year-olds and above

18: Exclusively for an adult audience, with potentially explicit themes of violence, nudity or sex



WHAT ARE THE RISKS?

STREAMING IS EVERYWHERE

Modern mobile devices make it very easy for children to watch streamed films without the need for a TV. The availability of inappropriate content has risen significantly on streaming platforms, almost all of which host 18-rated content. If not restricted by parental controls, this could be viewed by children who aren't quite ready for such adult themes, concepts and imagery.

FACT VS. FICTION

Many children have no trouble separating fact from fiction. However, with modern day technology making pretend violence and horror look ever more realistic, it's becoming harder for youngsters to tell the difference. For instance, consider remakes of older films, where dated special effects (making it easy to discern that something wasn't real) have been replaced by far more convincing monsters and gore.

PEER PRESSURE

Friends encouraging each other to watch the latest film featuring violence or horror can lead to children consuming content that they're not ready for. As 18+ content is available on many streaming platforms, youngsters can watch these together – potentially without their parents' or carers' knowledge.

TOO SCARED?

CHILDREN SCARE DIFFERENTLY

It can be difficult to decide what content is appropriate for children. What's fine for one child could be extremely frightening for another. As many children admit to not sharing or discussing the content they watch with their parents, encouraging an open dialogue around the kind of media that young people consume can help avoid exposing them to any inappropriate content.

PSYCHOLOGICAL IMPACTS

Horror prides itself on its ability to startle or induce genuine fear in the viewer – so it's no surprise that this genre isn't usually intended for children. A natural side-effect of this is that 'jump scares' or a creepy, suspenseful atmosphere can have lasting effects on younger minds. The resulting anxiety can impact a child's sleeping patterns or eating habits.

Advice for Parents & Educators

WATCH THE FILM FIRST

If you're concerned that a film might be unsuitable for children (whether it's their first dive into the horror genre or a step up in age classification), then take a look for yourself. There's no better way to judge whether this content is something you'd deem appropriate for a child – and if a parent, for example, has actually seen the film (or at least a portion of it), they can construct a far more credible case if they decide it's inappropriate.

REMEMBER – IT'S NOT REAL

Emphasise to children that the content they're viewing is entirely fictional and has no chance of affecting them in real life. If a child is upset after watching a film, try to understand what exactly has unsettled them; this can help you approach the topic in a healthy and informative manner, to dispel any fears or anxieties they may have.

DISCUSS THE CONTENT OF FILMS

If a child has seen a film that you think may have exposed them to potentially uncomfortable themes and ideas, don't shy away from talking about it, and answer any questions they may have. This is especially important if they watched the film without an adult present. Ask them to summarise the story for you, as this will give you an understanding of what they've learned from watching it.

USE PARENTAL CONTROLS

Most streaming platforms have the option to put age ranges on children's accounts. This means that films and shows that are inappropriate for children won't be advertised while they're browsing and won't even appear if a child specifically searches for them. This can be changed any time at parents' discretion, but it's wise to protect these settings with a password, so a child can't alter anything on their own.

Meet Our Expert

John Inasley is an assistant principal at a secondary school. He has been involved with e-safety in schools for over 10 years, writing policies and supporting various schools in developing their e-safety provision. John has introduced a range of strategies at multiple schools aimed at helping parents to better support their child in the ever-changing digital world.



The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/horror-films-and-age-ratings>

10 Top Tips for Parents and Educators TEACHING CHILDREN FIRE SAFETY

Fire safety is especially important around Bonfire Night, as fireworks, bonfires and sparklers add extra risks for families and young children. Every year in the UK, thousands of accidents occur due to improper handling of fireworks and neglecting fire safety measures. This guide offers practical tips for keeping children safe when handling everything from fireworks to space heaters.

1 BONFIRE NIGHT AWARENESS

Bonfire Night is exciting, but it comes with several inherent risks. Educate children about the dangers of fireworks and open flames. Teach them that only adults should handle fireworks and that bonfires should never be approached. Keep children at a safe distance (at least five metres away) from bonfires and explain why supervision is crucial during these events.

2 SUPERVISE FIREWORK USE

Fireworks should only be handled by responsible adults who are following UK laws and guidelines. Make sure to buy fireworks that meet British Standards and adhere to all instructions that come with them. Keep children a suitable distance from any fireworks activity and designate an adult to supervise the event. Ensure no one goes near fireworks after they've been lit.

3 SPARKLER SAFETY

Sparklers are often captivating for little ones, but they can burn at extremely high temperatures – over 1,000 °C! Only allow children over the age of five to use sparklers, and make sure they wear gloves. Teach them to hold sparklers at arm's length and never wave them near others. Once a sparkler has burned out, extinguish it fully in a bucket of water – which you should prepare beforehand and always keep nearby.

4 ORGANISED DISPLAYS ARE SAFER

If possible, families should attend an organised fireworks display rather than holding one at home. These tend to be far safer as they're run by professionals adhering to strict safety regulations. Organised displays also provide a controlled environment where children can enjoy the event from a safe distance, reducing the risk of accidents.

5 KEEP FIREWORKS AWAY FROM THE HOME

If you are hosting your own fireworks display, set them off well away from homes, sheds or fences to avoid starting accidental fires. Choose a wide-open space with no flammable materials nearby and keep a means of putting out fires to hand in case of emergency – such as a bucket of water, a hose or a fire extinguisher. Afterwards, ensure that all fireworks are fully extinguished and never attempt to relight one if it doesn't go off.

6 BONFIRE SAFETY

If you're building a bonfire, place it well away from trees, buildings, fences or anything else flammable. Make sure it's structurally sound and not at risk of collapsing. Only burn natural materials like wood and leaves, avoiding petrol or other accelerants. Children should be kept far away from the bonfire, and it should always be supervised by adults. Be sure to fully extinguish the bonfire before you leave it.

7 "STOP, DROP AND ROLL"

Ensure that children know what to do if their clothing catches fire. Teach them the simple "stop, drop and roll" technique, which can quickly extinguish flames. Practice this with them before events like Bonfire Night, so they feel confident if the need to use it arises. It can also be helpful to keep another means of putting out these kinds of fires on standby, just in case. An extinguisher or flame-retardant blanket are both sound choices.

8 SECURE CANDLES AND OPEN FLAMES

Beyond Bonfire Night, everyday fire safety is also crucial. Candles can be a common fire hazard, especially in homes with young children. Teach children not to touch any open flames, and ensure candles are placed in sturdy holders away from combustible materials. Never leave candles, incense burners or other such items unattended, and always extinguish them fully before leaving a room or going to bed.

9 EDUCATE ABOUT FIREWORKS HAZARDS

Make sure children understand the dangers of playing with fire or fireworks, and how to handle such things responsibly. Emphasise that fireworks are **not** toys and can cause serious injuries when improperly used. Demonstrate the importance of treating fire with respect and the consequences of misuse, which can help temper any curiosity and any resultant dangerous behaviour.

10 FIRST AID FOR BURNS

Even if you have the best possible precautions in place, accidents can still happen. Keep a first aid kit on hand. Ensure you know how to apply basic first aid to burns, so you can teach children those techniques too. If someone suffers a burn, run it under cool water for 20–30 minutes. Never use creams or ointments, as these retain heat and can cause further damage. Instead, seek medical help if the burn is serious.

Meet Our Expert

James Whelan is an experienced health and safety expert who is a Chartered Member of the Institution of Occupational Safety and Health. He provides services to educational settings and many other industries, helping them to maintain a safe working environment.



#WakeUpWednesday®

The National College®

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/fire-safety>