

BELIEVE, ACHIEVE, ASPIRE

# ST BURYAN ACADEMY NEWSLETTER

Friday 3rd November 2023

[www.stbryanacademy.com](http://www.stbryanacademy.com)

[secretary@stbryanacademy.org](mailto:secretary@stbryanacademy.org)

Tel: 01736 810480



If you have not yet updated or added information to our records, please do so on the links provided through email - thank you.

## Key Dates

Please check the school calendar through our website regularly - more dates will be added as the term goes on

7th November - Mental Health/Well-being afternoon

7th November - Cross Country at Hayle School

10th November - KS1 Multiskills Event

13th November - Parental Evening week

8th December - Whole school trip to Hall for Cornwall

12th December - Morning and evening Christmas shows

14th December - Christmas dinner

19th December - Last day of term!

### In this edition...

- Welcome
- Poppy Appeal
- Bonfire Night
- Buryan in Bloom
- Well-being Project
- Menu
- Curriculum Overview
- Online Safety

Welcome to the second half of our Autumn Term!

It has been a busy start to the half term already! On Tuesday we hosted our annual Halloween Disco, organised and funded by our Friends of St Buryan Academy. A huge thank you to them for putting this on free of charge and helping to supervise the disco along with our staff. Everyone had a great time.

This week too, we had our delayed opening on Thursday due to the weather conditions. I appreciate that this wasn't ideal but in this case, the safety of our staff and family commuting to the school was paramount.

A reminder that next week we have our nasal flu vaccination on Wednesday. Please see the email sent on 30/10/23 for more information. If you did not receive this then please email [head@stbryanacademy.org](mailto:head@stbryanacademy.org) so that I can forward this on to you.

Next week, staff will have their parental meeting timetable available to sign up for.

We are also hosting our well-being and mental health afternoon on Tuesday. We would love for you to join us from 2.45pm in the school hall for this. More information on this event follows later in the newsletter.

In this week's newsletter, I have shared our overview of topics and learning for the year. This document is available on our website but gives you an 'at a glance' view of what learning contexts your child will be learning over the year.

Thank you,  
Mr McDonald



**STAY UP-TO-DATE WITH SCHOOL NEWSLETTERS, MENUS AND DATES**

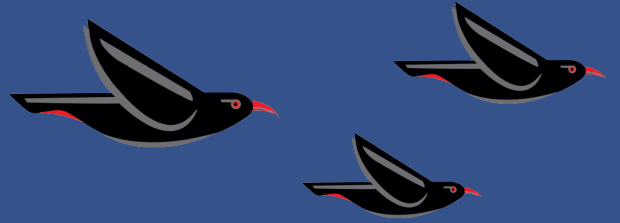
[www.stbryanacademy.com](http://www.stbryanacademy.com)

**Download the free 'eschools lite' app and search for St Buryan Academy**

TURN ON NOTIFICATIONS AND RECEIVE NOTICE WHEN WE UPLOAD OUR NEWSLETTERS, MENUS AND UPDATE OUR DIARY!

# SPOTLIGHT ON...

# POPPY APPEAL



Next week we will be selling poppies and other memorabilia for the RBL Poppy Appeal in memory of those who gave their lives for our today and to raise funds to support the RBL causes.

Our Pupil Leadership Team will be going around to classes throughout next week so that every child has the opportunity to purchase something should they wish.

Please try to send your children in with the recommended amount for each product below. Initially children will only be allowed to purchase one of each item so that there is enough opportunity for all. When we get to Thursday and Friday and if there are any items left, we will allow them to purchase several of an item if you give them permission to.

As Remembrance Day falls on a weekend this year, we will be paying our respects on Monday 13th November. At 9.30am we will walk our children over to the church to carry out a short assembly service and lay a wreath on behalf of the school. You are welcome to join us at the church; please be there ready for 9.30am start.

#### Suggested Prices:

Traditional Poppy - 20p

Reflector Poppy - 50p

Snap band ruler - 50p

Zip cords - 50p

Wrist bands - £1



**BONFIRE & FIREWORK DISPLAY**  
 THE BEST IN THE WEST  
**ST BURYAN COMMUNITY HOUSE TR19 6DU**  
**4TH NOVEMBER 2023**

**Bonfire lit at 6.30pm**  
**Firework display 7pm prompt**

Burgers & Hotdogs served outdoors  
 Chips, Tea & Coffee served indoors

**INDOOR & OUTDOOR BARS**

**After Party DJ**

Field open for parking  
**£3 per person**



We beat the wind and had a spooky forest school session for Nanjizal this week!

This year we are working with 'Buryan in Bloom' as part of our collaborative partnerships. Over the course of the year we will be completing some projects with them as well as asking for some optional activities to be completed at home.

We would love it if you could take part in the 'Plant a Welly' competition. All you have to do is to plant a flower in a welly for the chance to win! Entries are £1 and proceeds will go towards 'Buryan in Bloom'. Wellies can be dropped off at school and will be part of the school displays. Please bring in any entries by the end of the half term - we hope that you can take part. You are welcome to paint or design your wellies too!



Get along to support the village's fireworks and buy some food whilst you're there to support the school!

Friends of St. Buryan Academy

**BONFIRE BBQ**

Hot Dogs £2.50  
 Burgers £3.50  
 Cheeseburger £4  
 Cash only

All profit invested into trips and equipment for school

Served from 5pm - (15 minute break for fireworks)

**INSET DAYS 2023/24**

MONDAY 4th SEPTEMBER 2023 ✓

TUESDAY 5th SEPTEMBER 2023 ✓

FRIDAY 7th JUNE 2024

MONDAY 22nd JULY 2024

TUESDAY 23rd JULY 2024

WEDNESDAY 24th JULY 2024

**ST BURYAN ACADEMY**

**DO YOU HAVE A CHILD DUE TO START SCHOOL?**

**ARE YOU NEW TO THE PENWITH AREA AND LOOKING FOR THE RIGHT SCHOOL FOR YOUR CHILDREN?**

*Book a tour of*  
**ST BURYAN ACADEMY**

Meet our children and staff!  
 Tour our school and environment!  
 See what our school has to offer!

**www.stburyanacademy.com**  
 01736 810480  
 secretary@stburyanacademy.org

Leading Edge Academies Partnership

CREATIVITY CONFIDENCE COLLABORATION INDEPENDENCE  
 Excellence - Equity - Evolution - Believe - Achieve - Aspirate



# WELL-BEING AND MENTAL HEALTH AWARENESS



JOIN US ON TUESDAY 7TH NOVEMBER FROM 2.45PM FOR COFFEE, CAKE AND A CHAT!

WE WILL BE JOINED BY MAN DOWN CORNWALL, YOUR VOICE CORNWALL, NHS CHILDREN'S MENTAL HEALTH SUPPORT TEAM AND SAMARITANS CORNWALL.



SAMARITANS

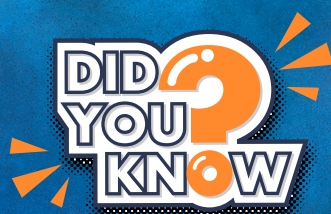
EACH WILL BE WORKING WITH OUR CHILDREN IN THE AFTERNOON BEFORE STAYING AFTER SCHOOL TO TELL YOU ABOUT THEIR WORK, WHAT THEY DO AND HOW THEY SUPPORT PEOPLE.



Children's Mental Health Support Team  
Delivering High Quality Care

We'd love for you to join us in the school hall for a drink, cake and a chat; you're welcome to speak to one of the charities or services joining us and finding out more, or just have a catch-up with each other.

Join us at 2.45pm for our welcome or at anytime in the school hall until 4pm.



PEOPLE IN RURAL COMMUNITIES ARE MORE LIKELY TO STRUGGLE FROM MENTAL HEALTH BUT LESS LIKELY TO SEEK SUPPORT THAN THOSE LIVING IN NON-RURAL COMMUNITIES. THE TOP 3 BARRIERS ARE STIGMA AROUND MENTAL HEALTH, KNOWING WHERE TO TURN AND NOT KNOWING WHAT SUPPORT IS AVAILABLE. SO LET'S DO SOMETHING ABOUT IT AND SUPPORT EACH OTHER.

# Autumn Menu

Week 1: October 30th – 3rd November

Jacket Potatoes available Monday–Thursday

Week 2: 6th November – 10th November

**Fresh fruit daily**

Locally made pasties and sausage rolls from  
St Buryan Farm Shop

Week 3: 13th November – 17th November

**Week 1**

Monday	Tuesday	Wednesday	Thursday	Friday
Mac'n'cheese, peas and salad	Hot dogs or vegetarian burger with beans and wedges	Roast gammon or vegetarian sausages with roast potatoes, carrots, peas and cauliflower	Fish fingers, chips and peas	Pasties or sausage rolls with beans
Flapjack	Biscuits	Brownies	Jelly	Tiffin

**Week 2**

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken or Quorn curry and rice	Breakfast Quiche or Cheese & Onion Quiche with wedges and beans	Roast chicken or Quorn with roast potatoes, peas, carrots and calabrese	Sausages or vegetarian sausages with chips and beans	Pasties or sausage rolls with beans
Ice cream	Chocolate Crispy	Biscuit	Rice pudding with jam	Lemon sponge cake

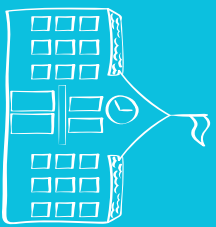
**Week 3**

Monday	Tuesday	Wednesday	Thursday	Friday
Pepperoni or vegetarian pizza with coleslaw and salad	Vegetable pasta bake with salad	Roast pork with roast potatoes, peas, carrots and calabrese	Bacon and cheese pinwheels with chips and beans	Pasties or sausage rolls with beans
Apple cake and custard	Fairy cakes	Muffins	Jelly	Chocolate cake

**Please let the office know of any dietary requirements or allergies**












**Locally produced, freshly cooked hot meals five days a week!**



# St Buryan Academy

## Curriculum Overview: Essential Questions Cycle A



Class / Term	Autumn Term	Spring Term	Summer Term
<b>Penberth</b> (Reception/Year 1)	Do all fairytales have happy endings? 	How does your garden grow? 	Who likes to be beside the seaside? 
<b>Nanjizal</b> (Year 2/3)	What makes Mexico magnificent? 	Were all Egyptians Mummified? 	What did pre-historic Britons leave us? 
<b>Porthcurno</b> (Year 4/5/6)	What is out there? 	How Greek are we? 	Why is water so important? 

# What Parents & Carers Need to Know about

# X

AGE RESTRICTION  
**13+**

In October 2022, the enormously popular social media network Twitter was purchased by tech tycoon Elon Musk. That sparked a host of changes to the platform – not all which have been received positively by its fans. The alterations have continued with each passing month, many of them raising online safety concerns among the 530 million users of Twitter (now rebranded as simply X). With further adjustments reportedly in the pipeline, X has attracted more than its usual share of controversy and caution in recent times.

## WHAT ARE THE RISKS?

### A BLOCK ON BLOCKING

X has announced plans to remove its blocking feature. Previously, this stopped other users from viewing your profile or sending you direct messages, while also hiding their posts from your feed. Only this latter function will now remain. The decision has been criticised by some members, who feel that blocking (in its current form) protects them from X users who promote denial and hatred.

### LIMITED REPORTING FEATURES

X offers a premium membership, with some functionality (such as controlling who can view and reply to your posts) increasingly being made exclusive to those who pay the subscription fee. Several commentators have speculated that X could one day become an exclusively paid-for service, with access to accounts being revoked for anyone unwilling or unable to take out a subscription.

### AGE-INAPPROPRIATE CONTENT

Many of X's less age-appropriate posts can feature anything from extreme political views to pornography. While accounts marked as 18+ are restricted from non-members, it's still fairly easy to stumble across this material accidentally. X's new 'For You' page also shows content from accounts that a user doesn't already follow – meaning that almost anything could end up on a child's feed.

### VERIFICATION FOR SALE

Historically, Twitter's moderators granted account verification: certifying someone as authentic by placing a blue tick next to their username. One of X's earliest changes was to place verification behind a paywall; this caused the number of celebrity impersonators to rise and left no way to distinguish, say, a legitimate influencer from a copycat fake account seeking to exploit other users.

## BLUE TICK SALE

## Advice for Parents & Carers

### PROTECT PRIVACY

Unsavory characters may try to gain access to a young person's X account – either to view their posts and gather information on them, or to completely take control of it. To minimise risk, ensure the account has a strong password and enable the 'Protect Your Posts' feature (via the account settings), so that strangers can't view your child's posts without first being approved as a follower.

### DON'T RISE TO THE BAIT

To gain more views and followers, some X users post deliberately inflammatory comments on sensitive topics such as race, sexual orientation and gender issues. Many young people could find this upsetting. Emphasise that, if your child encounters someone spreading hate on X, it's best not to give that person what they want: an argument. Ignore them, mute their account and move on.

### STAY ALERT FOR IMPOSTERS

Make sure your child understands that X's blue ticks no longer guarantee the identity of anyone on the platform. While it might be exciting if a celebrity liked your child's post, it could just as easily be an imposter with malicious intentions. If your child's not 100% sure that an X user actually is who they claim to be, advise them to err on the side of caution and avoid interacting with that account.

### ONLY FOLLOW TRUSTED ACCOUNTS

Using the 'Following' tab on X helps to ensure that the only content your child sees has come from accounts they've chosen to follow: this should reduce the chance of them inadvertently being exposed to harmful, violent or explicit content. Show your child how to report another user's account if, say, they're behaving inappropriately by spreading misinformation or offensive opinions.

### BE READY TO TAKE ACTION

If your child suffers harassment on the platform or becomes the target of a hack, you could consider deactivating their account entirely. Recently, X's safety features have been criticised for allegedly failing to protect users' wellbeing – so if your child is being subjected to abusive messages or similar mistreatment on the platform, it might be prudent to remove them from X altogether.

## Meet Our Expert

Lloyd Coombes is Editor in Chief of gaming and esports site GGRecon and has worked in the gaming media for around four years. Always eager to test out the latest apps, games and online trends, he's also a parent who understands the importance of online safety. Writing mainly about tech and fitness, his articles have been published on influential sites including IGN and TechRadar.



National Online Safety®

#WakeUpWednesday