

BELIEVE, ACHIEVE, ASPIRE

# ST BURYAN ACADEMY NEWSLETTER

Friday 10th May 2024

[www.stbryanacademy.com](http://www.stbryanacademy.com)

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## Key Dates

Please check the school calendar through our website regularly - more dates will be added as the term goes on

15/4/24 - Start of Summer Term

27/5/24 - 31/5/24 - May Half Term

19/7/24 - Last day of Summer Term

Please check the key dates below for upcoming events. New dates may be added across the term so please check our lines of communication when notified.

### In this edition...

- Welcome
- This week in photos
- Menu Summer 1
- Upcoming dates
- Online Safety: Shopping online
- Jubilee Pool offer
- Parental Workshops

Welcome to the latest edition of our newsletter!

It has been a fantastic couple of weeks on the sporting front! Our football team have qualified for the small-school County finals to take place in Truro on 14th May. It is a great achievement for them; the team features players from year 3 up to year 6 so it is really impressive that our year 3s are more than holding their own against much older children. It is also the second County final we have reached this year after our rugby team made it to the all-Cornwall final, which was unfortunately postponed, earlier this year. Further to this, we had a large representation of St Buryan children who made it to the cross-country County finals as well. What a year for Buryan sport so far!

On Wednesday we took a boys team and girls team to the Leading Edge Football Tournament, made up of teams from our multi-academy trust. Once more, the children performed admirably and a special shout out to our girls team who played for the first time ever. They showed plenty of skill as well as heart, desire and passion as they earned several impressive results! Well done to you all.

Over the weekend many of our children are performing at the St Buryan Feast events, we wish them all of the very best and look forward to hearing about it. All of our children have produced art work around the D-Day theme, these are available to view in the Methodist Chapel.

A big thank you to the Feast organisers for choosing the school to collect for, thank you for everyone's support and kindness.

Next week we enter 'exam season', which kicks off with our Year 6 SATs. These are tests in spelling, punctuation and grammar, reading and maths which are spread out across the week. Our children are incredibly well prepared and I know will take it all in their stride. Whilst we aim to create a pressure-free environment, as much as we can, I just want to say good luck to them all - not that they need it - and we are all very proud of you! Good luck to our former pupils who may be sitting their GCSEs, A-levels or other exams over the next few weeks too!

Have a great weekend

Mr McDonald and all at St Buryan Academy

*Excellence - Equity - Evolution - Believe - Achieve - Aspire*

**BELIEVE, ACHIEVE, ASPIRE**



# THIS WEEK IN PHOTOS

**Friday 10th May 2024**

[www.stburyanacademy.com](http://www.stburyanacademy.com)

[secretary@stburyanacademy.org](mailto:secretary@stburyanacademy.org)

Tel: 01736 810480



# HELL Summer

Jacket potatoes now available daily  
Fresh fruit and yoghurt available daily



## MENU 2024

April 15th 2024 - May 24th 2024

# SUMMER Menu

**Menu 1**  
**W/C**  
**15th April**  
**6th May**

Monday	Tuesday	Wednesday	Thursday	Friday
Mac 'n' Cheese with peas and salad	Pepperoni or Vegetarian Pizza with wedges and salad	Cottage pie, beans and peas	Roast pork/vegetarian roast, roast potatoes, peas, carrots, calibraise and gravy	Fish fingers, chips, beans and peas
Fresh fruit	Sponge and custard	Jelly	Scones and Jam	Ice cream

Monday	Tuesday	Wednesday	Thursday	Friday
Hot dogs/vegetarian sausages, wedges and beans	Meatballs/vegetarian option with tomato sauce and pasta	Chicken/Quorn curry with rice	Roast chicken/Quorn, roast potatoes, carrots, peas, cauliflower cheese and gravy	Fish fingers, chips, beans and peas
Biscuits	Flapjack	Ice cream	Iced buns	Brownies

**Menu 2**  
**W/C**  
**22nd April**  
**13th May**  
**20th May**

**Menu 3**  
**W/C**  
**29th April**  
**20th May**

Monday	Tuesday	Wednesday	Thursday	Friday
Beefburger/vegetarian burger, with wedges and beans	Sweet and sour chicken/Quorn with noodles and prawn crackers	Vegetable pasta bake	Roast gammon/vegetarian option, roast potatoes, carrots, peas and calibraise with gravy	Fish and chips with beans and peas
Sponge and custard	Tiffin	Chocolate chip cookies	Rice crispie buns	Ice cream

# WHAT'S HAPPENING SUMMER TERM

## 2024



at St Buryan Academy

### DON'T FORGET TO...

Bring your waterbottles and apply sun-cream in the morning! You may want to pack sun-cream children can apply themselves if needed for during the day.

### FOREST SCHOOL

Penberth and Porhcurno until half term!  
Despite the sun please make sure they are prepared for all weathers.

### TEACHER- LED CLUBS

Mondays -  
Whole school  
TEAM SBA Club (a range of team-building activities)  
Fridays -  
Rec&KS1 Film Club  
KS2 Sports Club

### INSET DAYS

Friday 7th June  
Monday 22nd July  
Tuesday 23rd July

MAY 1 AND MAY 8

KS2 FOOTBALL  
TOURNAMENT AT  
MOUNTS BAY  
ACADEMY  
3.30PM

### SCHOOL PHOTOS May 9th

Please wear appropriate uniform for individual and class photos.

### YEAR 6 SATS

13th - 16th  
May

### ISLES OF SCILLY CAMP

17th-21st June

May 14th pre-camp meeting for parents after school.

### MINACK

The whole school will be attending The Minack Theatre on Monday 24th June - look out for letters!

# WHAT'S HAPPENING SUMMER TERM

## 2024



*at St Buryan Academy*

**YEAR 3/4  
AND YEAR  
1/2 CAMPS**  
Y3/4 26th&27th  
June  
Y1/2 27th June

**END OF YEAR  
PARENTAL  
INTERVIEWS**

Week of 1st July

**SPORTS DAY AND  
SUMMER FETE**  
11th July at  
Community  
House:  
Sports Day at  
1.30pm followed  
by Summer Fete

**YEAR 6  
LEAVERS'  
SERVICE**

Year 6 families to join  
us to celebrate their  
primary school lives  
from 2pm in the school  
hall on the 16th July.

**LAST DAY OF  
TERM**

19th July  
1.15pm finish

**NEWSLETTER**

Remember to check our  
fortnightly newsletter to  
see what we have been  
up to, extra dates  
added to the diary and  
for advice covering a  
range of topics.

**KEEP AN EYE  
OUT FOR...**

Progress and  
attainment updates for  
Spring Term will be sent  
out this week along with  
your child's class termly  
overview.

**ATTENDANCE**

Please keep up the  
fantastic efforts with  
school attendance. Last  
term we ended up  
above the national  
average, so please  
continue this to finish  
the year - thank you!

**UNIFORM**

We are now wearing  
summer uniform. Please  
ensure that your child  
continues to wear  
appropriate school shoes.  
As we are no longer  
swimming, children should  
only wear PE kits on  
Tuesdays from now.  
Thank you

# KIDS SWIM FREE

REGISTER  
ONLINE  
TODAY



Our Parish Council have secured funding for free swimming sessions at the Jubilee Pool from May-October this year! Please visit the Jubilee Pool's website for more information on how to register.

# What Parents & Educators Need to Know about SHOPPING PLATFORMS

For people looking to make purchases on their phones, several shopping apps – such as Temu – allow users to buy goods at reduced prices. Others, like Vinted and Depop, let you sell items you no longer want. As internet shopping continues to grow, however, so does the risk of scammers, hackers and breaches of privacy.

## WHAT ARE THE RISKS?

### MISSING ITEMS

Users of Vinted, Depop and Temu have reported not receiving their products despite payment being taken. Users can initially contact the seller to query a missing item, and they have between two and five days (depending on the app) to tell the company what has happened. However, once the money has reached the supposed 'seller', it can be quite difficult to get back.

### SCAMMERS AND PHISHING

Scammers are always on the lookout for unsuspecting buyers or sellers. Common tactics include cancelling shipment of an item once the payment has been processed or asking to conclude the chat and payment outside of the app, where the victim is no longer protected by the buyer protection plan. This should, naturally, be avoided at all costs.

### DATA MISUSE

Apps of all kinds frequently collect our data, often asking for more information than is necessary to set up an account. Data gathered in this way is then usually sold on to third parties for marketing purposes. Lately, certain apps have been under scrutiny for using spyware to track their members' activities – but all too often, the user's consent to this practice has been hidden away in the terms and conditions.

### FAKES OR REPLICAS

It's certainly not unheard of for poor-quality products to be falsely marketed as luxury items, using misleading pictures or clever wording. These disingenuous sales are sometimes outed by suspiciously low price tags, but this isn't always the case. For children and young people especially, there's a risk that the promise of bagging a high-end item for a fraction of its usual price will outshine any suspicions they may have.

### SLOW REFUNDS

While all apps offer a refund if the product is damaged or doesn't match the description, it can take up to a month to be compensated for this. For many people (especially during a cost-of-living crisis) that can be a long time to be without both the product you bought and the hard-earned cash you spent on it.

### MISLEADING DESCRIPTION

Some people will be able to notice when, say, a product's photo and its description don't seem to match. This isn't a reliable means of picking up on misleading marketing, however – especially not for children and young people, many of whom may not yet realise that such practices even exist. While it's illegal to advertise one thing and sell another, plenty of shady traders use clever wording and omissions to get around this.

## Advice for Parents & Educators

### ALWAYS STAY ON THE APP

It's vital that users pay for any goods through the same app on which they found them, to ensure they are covered by buyer protection. This means users can access support if the item arrives damaged, isn't as described, or doesn't arrive at all – allowing them to seek compensation for the loss. Such regulations can't protect you, however, if you didn't do the deal through the app in question.

### BE WARY OF PHISHING ATTEMPTS

Scammers frequently send messages within these apps to steal personal and financial information from other users. Don't respond to these messages – and under no circumstances should you follow any links they contain. Check for spelling errors, as well as inspecting the name of the sender. Report any suspected phishing emails to the app's help centre – and notify your bank if you think your financial information has been compromised.

### CHECK REVIEWS

Take time to read the reviews and comments left by other users – not just of products, but of sellers and buyers, to ensure they're legitimate and reliable. Before buying an item online, check the reviews for comments about the product's quality, the seller's communication and the delivery time. If you're selling, check the reviews of your buyer for red flags such as frequent requests for refunds or claims of 'missing' items.

### KEEP SAFE AS A SELLER

Sellers can be exploited just as much as buyers. Some users may purchase an item, for example, then pretend it didn't arrive to secure a refund. Always take photos of the shipping label, along with a picture of you posting the item. Send the package's tracking number to the buyer and keep a copy for yourself, letting you investigate any future claims that it never arrived. When taking photos of items you're selling, ensure nothing personal is in the background.

## Meet Our Expert

Dr Claire Sutherland is an online safety consultant at BCyberAware, who has developed and implemented anti-bullying and cyber safety workshops and policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviours of young people in the UK, USA and Australia.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at [nationalcollege.com/guides/shopping-apps](http://nationalcollege.com/guides/shopping-apps)

Together for Families Parenting

# Parenting Workshops

## April - August 2024



### Solihull – Understanding your Child

- Early Years (ages 1-3)
- Primary Years (ages 4-8)
- Transition Years (ages 9-11)

### Workshop Description

Delivered over 10 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- How your child develops
  - Understanding how your child is feeling
  - Tuning into what your child needs
  - Responding to how your child is feeling
- Different styles of parenting
- Having fun together
- The rhythm of interaction
- Why is sleep important?
- Self-regulation and anger
- Communication and tuning in
  - Looking back and looking forwards

### Workshop Dates

Countywide – VIRTUAL		
Ages 1-3 Mondays	18:00-20:00	22.04.24-24.06.24 Virtual MS Teams
Ages 1-3 Wednesdays	09:30-11:30	05.06.24-07.08.24 Virtual MS Teams
Ages 4-8 Tuesdays	12:30-14:30	23.04.24 – 25.06.24 Virtual MS Teams
Ages 4-8 Mondays	18:00-20:00	03.06.24-05.08.24 Virtual MS Teams
Ages 9-11 Thursdays	12:30-14:30	02.05.24-11.07.24 Virtual MS Teams
Ages 9-11 Wednesdays	18:00-20:00	08.05.24-17.07.24 Virtual MS Teams
East		
Ages 4-8	Mondays 09:30-11:30	13.05.24-22.07.24 Wadebridge Family Hub
Ages 9-11	Tuesdays 12:30-14:30	30.04.24-09.07.24 Launceston Family Hub
Mid		
Ages 1-3	Tuesdays 12:30-14:30	04.06.24-06.08.24 St Austell Family Hub
Ages 4-8	Thursdays 12:30-14:30	02.05.24-11.07.24 Newquay Family Hub
Ages 9-11	Fridays 09:30-11:30	10.05.24-12.07.24 The Park Family Hub
West		
Ages 1-3	Thursdays 09:30-11:30	02.05.24-11.07.24 Gooseberry Bush Nursery
Ages 4-8	Wednesdays 09:30-11:30	08.05.24-17.07.24 Helston Family Hub
Ages 9-11	Mondays 12:30-14:30	13.05.24-22.07.24 Penzance Family Hub







## Parents Plus Adolescent Programme

### Workshop Description

Delivered over 9 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- Understanding teenagers
- Pressing the pause button
  - Getting to know your teenager
    - Establishing rules with teenagers
  - Connecting with your teenager
  - Communicating rules positively
    - The power of encouragement
- Using consequences
- Active listening
- Creating a discipline plan
- Empowering teenagers
- Dealing with conflict and aggression
- Problem solving with teenagers
- Establishing routines
- Family problem solving
- Parent self-care

### Workshop Dates

Countywide - VIRTUAL		
Ages 12-18	Wednesdays	01.05.24-26.06.24 18:00-20:00 Virtual MS Teams
Ages 12-18	Mondays	03.06.24-29.07.24 09:30-11:30 Virtual MS Teams
East		
Ages 12-18	Tuesdays	02.05.24-04.07.24 09:30-11:30 Saltash Family Hub
Ages 12-18	Mondays	13.05.24-15.07.24 12:30-14:30 Wadebridge Family Hub
Mid		
Ages 12-18	Tuesdays	19.04.24-21.06.24 12:30-14:30 The Park Family Hub
Ages 12-18	Mondays	13.05.24-15.07.24 12:30-14:30 Newquay Family Hub
West		
Ages 12-18	Tuesdays	28.05.24-23.07.24 12:30-14:30 Penzance Family Hub
Ages 12-18	Wednesdays	05.06.24-31.07.24 12:30-14:30 Helston Family Hub





## Supporting Healthy Relationships

### Me You and Baby Too (MYBT) Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for all new or expectant parents/carers:

- What your baby picks up on
- How to support each other
  - How arguments start, and how to manage them constructively

### Arguing Better (AB) Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for all parents/carers with a child of any age:

- How to support each other
  - How arguments start, and how to manage them constructively
- Impact on children

## Getting it Right for Children (GIRFC)

### Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for separating or separated parents/carers:

- How to stay calm and listen
- Seeing things differently
  - Finding solutions and making compromises

### MYBT Workshop Dates

Countywide – VIRTUAL		
Ages pre-birth – 12months	Wednesdays 17.04.24-01.05.24 09:30-11:30	Virtual MS Teams
Ages pre-birth – 12months	Thursdays 04.07.24-18.07.24 18:00-20:00	Virtual MS Teams

### AB Workshop Dates

Countywide – VIRTUAL		
Ages 1-19	Thursdays 18:00-20:00	02.05.24-16.05.24 Virtual MS Teams
Ages 1-19	Tuesdays 12:30-14:30	02.07.24-16.07.24 Virtual MS Teams

### GIRFC Workshop Dates

Countywide – VIRTUAL		
Ages 0-19	Fridays 09:30-11:30	19.04.24-03.05.24 Virtual MS Teams
Ages 0-19	Thursdays 18:00-20:00	06.06.24-20.06.24 Virtual MS Teams



## How to access

Parents/carers or professionals can access the parenting offer by visiting [www.cornwall.gov.uk/parenting](http://www.cornwall.gov.uk/parenting).

Parents/carers or professionals will be able to self-book onto workshop using the parenting booking portal, which can be found at the above website. If a family requires targeted or specialist support, an Early Help Request for help should be made via the [Early Help Hub](#).

If parents/carers or professionals would like support booking themselves or a parent/carer onto a workshop, they should contact the Early Help Parenting Team using the contact details below. An advice line will be available Monday – Friday, 9am - 5pm to support queries.



### Parenting children aged 0 to 11

**SELECT A SERVICE**

<p>Virtual - Understanding your child (ages 1 to 3)</p> <p>This is a Virtual course delivered on Micros... <a href="#">Read more</a></p> <p>2 hours</p>	<p>Understanding your child (ages 1 - 3) Bodmin Family Hub</p> <p>This is a Face-to-Face course delivered over... <a href="#">Read more</a></p> <p>2 hours</p>
<p>Understanding your child (ages 1 - 3) Troon Family Hub</p> <p>This is a Face to Face course delivered over... <a href="#">Read more</a></p>	<p>Understanding your child (ages 1 to 3) The Park Family Hub</p> <p>This is a Face to Face course delivered over... <a href="#">Read more</a></p>



### Parenting Young People aged 12 - 18

**SELECT A SERVICE**

<p>Take 3 - Virtual</p> <p>This is a 10-week series delivered virtually... <a href="#">Read more</a></p> <p>Free - 2 hours</p>	<p>Take 3 - Bodmin Family Hub</p> <p>This is a Face-to-Face course delivered over... <a href="#">Read more</a></p> <p>Free - 2 hours</p>
<p>Take 3 - Callington Family Hub</p> <p>This is a Face-to-Face course delivered over... <a href="#">Read more</a></p> <p>Free - 2 hours</p>	<p>Take 3 - Hayle Family Hub</p> <p>This is a Face-to-Face course delivered over... <a href="#">Read more</a></p> <p>Free - 2 hours</p>



### Supporting Healthy Relationships Workshops

**SELECT A SERVICE**

<p>Me, You and Baby Too - Virtual - (30 Jan, 6 and 13Feb )</p> <p>This is a virtual series of 3 sessions running... <a href="#">Read more</a></p> <p>2 hours</p>	<p>Me, You and Baby Too - St Austell Family Hub (20, 27 Feb and 5...</p> <p>This is a Face-to-Face series of 3 sessions ru... <a href="#">Read more</a></p> <p>2 hours</p>
<p>Me, You and Baby Too - Penzance Family Hub (12, 19, and 26...</p> <p>This is a Face-to-Face series of 3 sessions ru... <a href="#">Read more</a></p> <p>2 hours</p>	<p>Arguing Better - Virtual - (30 Jan, 6 and 13Feb )</p> <p>This is a virtual series of 3 sessions running... <a href="#">Read more</a></p> <p>2 hours</p>

**ADD YOUR DETAILS**

First and last name \*

Email \*

Address \*

Phone number \*

Notes

## Contact us

Email: [parenting@cornwall.gov.uk](mailto:parenting@cornwall.gov.uk)

Call: 01872 324323

If you would like this information in another format please contact:

**Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY**

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